## HOW TO AVOID Slip & Fall Injuries IN WINTER

In icy and snowy conditions, the risk of slipping and falling is greatly increased. Most injuries from slip and fall accidents consist of bumps and bruises, but occasionally they can result in much more serious injuries. The following tips can help to prevent accidental slip and fall injuries during winter.



WALK SLOWLY AND DELIBERATELY.

Try not to walk with hands in your **POCKETS**.

Where possible, avoid NOTICEABLY SLIPPERY SURFACES.



## **USE HANDRAILS ON STAIRWAYS** whenever available.



Wear shoes with **GOOD TREADING**.



When entering a building, REMOVE AS MUCH SNOW AND WATER FROM YOUR SHOES AS POSSIBLE.







Look out for

BE CAREFUL WHEN GETTING IN AND OUT of automobiles.

## **BLACK ICE** IN CLEARED AREAS.

## Contact Us: (816) 531-6006

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If you were hurt in a slip and fall involving winter conditions, you should contact a personal injury lawyer to discuss your legal options. For more information please contact The Pottenger Law Firm at (816) 531-6006 or visit http://www.pottengerlaw.com/ today for a free consultation.

